

HERITAGE TODAY VIDEO SERIES

“TRUST” Discussion Guide

PURPOSE

Provide a guide for Air Force leaders at any level, to initiate critical thinking and group discussion/interaction before and/or after reviewing the Heritage Today video.

DESCRIPTION

Heritage Today video series inspire and challenge Airmen with stories of Air Force heritage and emphasize the Core Values by using the enabler characteristics of character, judgment, and commitment as the building blocks of professionalism.

See how trust played an enormous role during a critical milestone in the Air Force's history- and every day before or since. In the Air Force, each generation of men and women inspires and encourages the next to aim even higher and to carry our values further. The oath video highlights the bond that brings all Airmen together. It speaks to the freedoms, rights, powers, duties, and responsibilities that you swore to defend. This video reminds us our duty is to our country and to be an Airman.

EMPLOY

BEFORE VIEWING the “Trust” video, lead the following discussion:

- Trust can have different dimensions. There is competence based trust (trust that I know you are able to do what you need to do) and character-based trust (trust that you won't take advantage of me or do anything immoral). Trust is the foundation and integrity of a unit.
 - What is the most important to you?
 - Which is most likely to be violated or broken?
 - And which type of trust is easiest or hardest to repair?
- Why do you think trust is so vital in today's Air Force?
- Explain how challenging tasks or give an example of a time where tasks have been made easier with a display of trust.

NOTE: the voice on the video is Technical Sergeant Kandyse Jones, a Personnelist on the Air Force Personnel Center's Special Staff.

AFTER VIEWING the “Trust” video, lead the following discussion:

- What things (big and small) undermine trust? If/when those things have happened to you and you lost trust in someone else, talk about the things that went through your mind.
- Share a story from your past where trust played a major part in the outcome of a seemingly bad situation.
- Think about someone in your life who you trust implicitly. What did they do to pull off that status? Were the things you just described significantly difficult? Why is this so hard to do?
- What are a few simple things we can all do to enhance trust in ourselves and others?
- What are a few simple things we can do to enhance trust of the Air Force to the American people?