

Teambuilder: “FROST BITE”

Target Audience: All Teams

Purpose

“Teambuilder” PACEsetters are designed to put a select group of people into a simulated scenario in order to help the individuals grow closer together and identify as a team. The scenarios include stressors (i.e. complicated problems, time limits, resource constraints, etc.) that are used to help make the scenario challenging, fun, and educational. Each Teambuilder is designed in such a way that allows for flexibility and creativity in its execution. Feel free to experiment with them and please share the results with us at the contact information located at the bottom of this page.

Description

This Teambuilder is a table top scenario designed to:

1. Help individuals work together in a time constrained environment
2. To collaborate on how a project should best be accomplished

The scenario involves a simulated scenario where your teams are arctic explorers travelling across the frozen landscape when a sudden storm hits and the team must build an emergency shelter to survive.

Employ

Group Size: 4-6 people per group

Time: 30 - 40 minutes

Materials: 1 packet of construction materials (card stock paper, toothpicks, rubber bands, and sticky notes) for each team and 1 x electric fan

Your teams are no longer sitting in your office, they’re Arctic explorers trekking across the frozen tundra! Have each team elect a leader to guide their expedition.

When a sudden storm hits, the team must erect an emergency one-person shelter to survive. Give each team a set of construction materials and give them 30 minutes to construct their shelters. When time runs out, turn on the electric fan’s arctic winds and see who successfully built a shelter that will keep them safe. Adjust the difficulty with sturdier construction materials (provide Popsicle sticks instead of toothpicks, duct/scotch tape etc.), by changing the fan’s settings, or by having the fan running while the team constructs their shelters.

Debriefing questions:

What was the most difficult aspect of this exercise?

How did you handle conflict amongst the team members?

What would you do differently if given the chance?