

Teambuilder: "PAPER TOWER"

Target Audience: All Teams

Purpose

"Teambuilder" PACEsetters are designed to put a select group of people into a simulated scenario in order to help the individuals grow closer together and identify as a team. The scenarios include stressors (i.e. complicated problems, time limits, resource constraints, etc.) that are used to help make the scenario challenging, fun, and educational. Each Teambuilder is designed in such a way that allows for flexibility and creativity in its execution. Feel free to experiment with them and please share the results with us at the contact information located at the bottom of this page.

Description

This Teambuilder is a physical scenario designed to:

1. Help participants understand the importance of planning, timing, and thinking on their feet
2. Force collaboration on how a task should best be accomplished (if done as teams)

The scenario involves a building a paper tower out of a single sheet of paper. The tallest structure wins

Employ

Group Size: 2 – 3 Individuals per team (or have each participant perform exercise)

Time: 20 - 30 minutes

Materials: Scotch tape, ruler, measuring tape, single sheet of paper (8.5" x 11") for each team or individual, writing instrument

Instructions: Each team or participant is given a single sheet of paper and told that it's absolutely necessary that they construct the tallest free-standing structure using no other materials than what is provided. After the allotted time has expired (15 minutes should be sufficient), review and measure the height of each structure, a discussion can be had concerning who planned out their structure, who ran out of time, and what could be done differently next time.

An example of this teambuilding exercise can be seen at: <https://www.youtube.com/watch?v=tuEBEKOProY>