

Air Force Family Parenting Assist

Target Audience: Air Force Parents

Purpose

To provide Air Force parents with resources which can help balance their time with family members. These resources allow for parents to learn how they can show unconditional love and encouragement through active parenting.

Description

Provided below are some excellent resources that can help with making your children your highest priority and strengthen your Air Force family bond. For additional family support services, see your local Airmen & Family Readiness Center which assist families with adapting to the challenges and demands of military lifestyle.

Employ

Military Installations

The Armed Forces Crossroads (www.afcrossroads.com) is the fundamental resource identified below and local resources are available at Military Installations.

Family, Child and Youth Services

Your official DoD installation search engine for [Family, Child and Youth Services](#) and state resources available to active duty, guard, and reserve family members.

General Information

The [General Parenting Resources](#) available here are to help parents with ideas on activities family members can participate in from crafts, cooking, travel, and many more.

Parenting Special Groups

The [Special Groups](#) addressed here are fathers, early childhood, and preemies to mention just a few.

Parenting Support and Prevention Groups

Available [Support and Prevention](#) resources parents can use to help with emotion/behavior, poor grades, pregnancy and many other resources.

Special Help for Parents

Provides [Help for Parents](#) from alternatives to punishment, choosing a summer camp, connecting with your preteen, and many other resources.

Other Resources

Another excellent resource is [Military OneSource](#) and [Parenting](#) for service members.
