

**Institutional Health**

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*It's not just what we do, but how we do it*



**Expectations**

**Commitment, Loyalty & Trust**

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*The driving force behind thriving organizations*

**Professionalism**

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*The art of leading oneself*

**Value/Values**

**Power & Authority**

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*The heart of leadership is influence*

**Barriers**

**Behavior Psychology**

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*We can trust that people will do what they perceive is in their own best interest*

★ People want to be a part of something bigger than themselves

★ Change what we mean by "Total Force" - We recruit an Airman, we retain a Family

### Tough Habits

#### Thinking Paradox & Systematic Thinking



*If we want to affect behavior, we must influence perceptions...*

#### Communication



*"Seek first to understand..."*

#### Personal Biases & Blind Spots

*...“The single most destructive roadblock to an effective leader.”*

#### Tools



*AF Professionalism is centrally expected but locally owned!*

*What spoke to you?*

*What did it say?*

*What are you going to do about it?*

<https://www.airman.af.mil>

[https://www.surveymonkey.com/r/PACE\\_EHC](https://www.surveymonkey.com/r/PACE_EHC)

