

EXCELLENCE IN ACTION

On 25 February 2015, an off-duty Air Force Master Sergeant and Technical Sergeant rushed to the medical aid of a 35-year-old male active duty member who had collapsed in the fitness center while playing basketball. Their initial assessment determined the unconscious patient had no pulse and was not breathing. Working together, they immediately directed bystanders to call 911 and retrieved the facility's automated external defibrillator. Additionally, they initiated the administration of cardiopulmonary resuscitation, providing three sets of chest compressions and delivering vital oxygen to the patient's organs.

NOTE

EXCELLENCE IN ALL WE DO includes teamwork as an essential attribute to triumph at every level. Airmen recognize the interdependency of every member's contributions toward success and excellence.

The two Airmen then guided the prompt set-up and application of the automated external defibrillator, delivering one shock to the victim. Immediately following the shock, they performed a secondary assessment, in which the patient had regained circulation and started breathing. They continued with patient monitoring as the fire emergency service first responders arrived to stabilize the patient and provide prompt transport to the nearest medical facility.

The unselfish and immediate measures of these two Air Force Airmen directly contributed to aborting cardiac death and saving a fellow Airman's life.