

Purpose:

This course focuses on self-reflection as a means to better understand how we can become better friends, parents, spouses, co-workers, and leaders...in short, better people. Now presented to over 40,000 Air Force personnel and the Secretary of the Air Force, the course has been lauded as, "The best leadership course I have ever taken!"

So what will you learn in this course?

- The attributes and dangers of personal bias
- Effective communication techniques
- The phenomenon of entrenched thinking
- How power changes relationships—for good or bad
- Tools to use immediately in your work space
- Developing productive, healthy relationships (at work and home)
- Importance of knowing your people
- Consideration for leading others
- Mandate verses organic leadership skills

This course is an inspiring, optimistic and enjoyable opportunity that helps us to focus on bringing out a better version of ourselves as well as a better version of those around us. These are "people skills" that determine the health of our daily relationships (at work and at home).

Bottom line: All of us want a better future self than our current self. This course will not only ignite that process, but it will provide personal opportunities to start that journey. The results can make your work more productive, make your job more enjoyable, and make your profession a more personal experience.

Life is simply too short to miss the real thing...



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