**H3 Leadership:**
*Be Humble, Stay Hungry, Always Hustle*

**Book’s Argument:** Lomenick emphasizes making leadership a habit. Since life is about decisions, we have to make a decision if we want to change. These decisions build habits. Habits take an idea and convert it into results. A habit is a practice shaped by our behavior or daily action that helps turn ideals into action, principles into practice, and concepts into the concrete. The time and energy required to create patterns, on average, exceeds a month.

**Key Takeaways:** There exist 20 habits that stem from being humble, maintaining our desire, and pushing ourselves such that our lives enter a new season.

**Humbly: Who Are You?**
1. Self-Discovery: know who you are
2. Openness: share the real you within others
3. Meekness: remember it’s not about you
4. Conviction: stick to your principles
5. Faith: prioritize your day so God is first
6. Assignment: live out your calling

**Hungry: Where Are You Going?**
7. Ambition: develop an appetite for what’s next
8. Curiosity: keep learning
9. Passion: love what you do
10. Innovation: stay current, creative, and engaged
11. Inspiration: nurture a vision for a better tomorrow
12. Bravery: take calculated risks

**Hustle: How Will You Get There?**
13. Excellence: set standards that scare you
14. Stick-with-it-ness: take the long view
15. Execution: commit to completion
16. Team Building: create an environment that attracts and retains the best and brightest
17. Partnership: collaborate with colleagues and competitors
18. Margin: nurture healthier rhythms
19. Generosity: leave the world a better place
20. Succession: find power in passing the baton

**Best Quotes:** “There is no better path to social improvement than deploying legions of exceptional leaders into the teeth of our most pressing problems.” – Jim Collins  
“...have to simplify the game to reduce the chances for error.” – Tony Dungy  
“...leadership is more than hard work; it is *habitual* work. It is worked out every day in the tasks we complete, the ways we approach our work, and the rhythms we nurture in our lives.” – Brad Lomenick

**Why It’s Important:** Nearly half of our day is determined by the patterns we have either internally created or passively allowed. The patterns we cultivate shape the person we each become. Leadership for the long haul comes from implementing regular, daily practices into our leadership journey.

Brad Lomenick (2015)